



# School District of Horicon

## Course Outline

### Learning Targets

<b>Cultural Cuisine</b>
<b>UNIT 1: Introduction to Culture</b>
<ul style="list-style-type: none"> <li>● Students will be able to define the terms “culture” and “cuisine”.</li> <li>● Students will be able to examine their personal ancestry and family traditions.</li> <li>● Students will be able to identify what foods come from their own culture/background.</li> <li>● Students will be able to demonstrate kitchen safety &amp; sanitation.</li> <li>● Students will demonstrate making different style pizzas from around the world.</li> </ul>
<b>UNIT 2: North America</b>
<ul style="list-style-type: none"> <li>● Students will be able to describe different aspects of the US [New England, Midwest, Mid Atlantic, Southwest, Pacific Coast, and Southern], Canadian, &amp; Native American Culture &amp; Cuisine</li> <li>● Students will be able to analyze how their common cuisine affects their overall health.</li> <li>● Students will be able to analyze the nutrients in these common foods.</li> <li>● Students will be able to demonstrate proper kitchen skills &amp; etiquette while making food from the different regions of the US.</li> </ul>
<b>UNIT 3: Latin America</b>
<ul style="list-style-type: none"> <li>● Students will be able to describe different aspects of the Latin American [Argentina, Brazil, Peru, Mexico] Culture &amp; Cuisine</li> <li>● Students will be able to analyze how their common cuisine affects their overall health.</li> <li>● Students will be able to analyze the nutrients in these common foods.</li> <li>● Students will be able to demonstrate proper kitchen skills &amp; etiquette while making food from the different regions of Latin America.</li> </ul>
<b>UNIT 4: Africa &amp; The Middle East</b>
<ul style="list-style-type: none"> <li>● Students will be able to describe different aspects of the African &amp; Middle Eastern [Kenya, South Africa, Saudi Arabia, &amp; Morocco] Culture &amp; Cuisine.</li> <li>● Students will be able to analyze how their common cuisine affects their overall health.</li> <li>● Students will be able to analyze the nutrients in these common foods.</li> <li>● Students will be able to demonstrate proper kitchen skills &amp; etiquette while making food from the different regions of Africa &amp; The Middle East.</li> </ul>
<b>UNIT 5: Europe</b>
<ul style="list-style-type: none"> <li>● Students will be able to describe different aspects of the European [Italy, Ireland, Greece, Germany, &amp; France] Culture &amp; Cuisine.</li> </ul>

- Students will be able to analyze how their common cuisine affects their overall health.
- Students will be able to analyze the nutrients in these common foods.
- Students will be able to demonstrate proper kitchen skills & etiquette while making food from the different regions of Europe.

#### **UNIT 6: Asia & Australia**

- Students will be able to describe different aspects of the Asian & Australian [Australia, China, India, Russia & Japan, & Thailand] Culture & Cuisine.
- Students will be able to analyze how their common cuisine affects their overall health.
- Students will be able to analyze the nutrients in these common foods.
- Students will be able to demonstrate proper kitchen skills & etiquette while making food from the different regions of Asia & Australia.

#### **UNIT: Holiday Traditions**

- Students will be able to describe different holiday traditions around the US and other parts of the world.
- Students will be able to analyze how these holidays may impact people's overall physical & mental health.

*Students will be able to meet the learning targets above as evidenced by formative and summative classroom assessments.*